

European Throwing Cup Selection Policy.

Udtagelsen vil ske med udgangspunkt i nedenstående objektive krav.

De objektive krav er vejledende (ikke absolutte) og tilpasset EM-2026 og EMU23-2025 krav.

I seniorgruppen kan man stille med en udøver i hver øvelse, der ikke har klaret A-kravet (EA-krav) og to udøvere i alt.

I U23 kan man kun stille med en udøver i hver øvelse.

Udtagelsen vil ske på baggrund af en individuel dialog mellem den sportslige ansvarlige for kast og aktuelle atleter/trænere. Dialogen vil tage udgangspunkt i den aktuelle form hos atleten.

For mere information kontakt venligst den sportslige ansvarlige for kast Carsten Bomme, cb@dansk-atletik.dk

Objektive vejledende krav

W	Senior A (EA)	Senior B	U23
Shot	17,50	15,80	13,70
Discus	58,00	53,00	47,00
Hammer	69,00	62,00	57,00
Javelin	58,00	53,00	47,00

M	Senior A (EA)	Senior B	U23
Shot	20,00	18,00	16,70
Discus	63,00	57,00	52,00
Hammer	74,00	67,00	62,00
Javelin	80,00	72,00	67,00

European Throwing Cup selection criteria.

The selection will be based on the objective standards above.

The objective standards are indicative (not absolute) and adapted from the EC-2026 and ECU23-2025 standards.

In the senior group, you can participate with one athlete in each event who has not passed the A standards (EA standard) and two athletes in total.

In the U23 group, only one athlete can participate in each event.

The selection will be based on an individual dialogue between the event group lead for throws and current athletes/coaches. The dialogue will be based on the current sports form of the athlete.



For more information, please contact the sports manager for throwing, Carsten Bomme,
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