



PERFORMANCE THERAPIST – CAMPS AND COMPETITIONS

PURPOSE

The role will operate within the Danish Athletics Performance Team, playing an important role in supporting athletes with their championship preparation process in achieving their performance objectives whilst competing for Denmark. The role is to support final preparations and recovery of athletes as a performance therapist.

KEY RESPONSIBILITIES

Prior to the Camp or Competition:

- Communicate with athletes and home therapist to anticipate championship preparation needs at the camp or competition
- Attend key team meetings

At the Camp or Competition:

- Be available prior to and after training/competition for treatment and advice with an understanding that long hours and high energy will be required in the international competition environment
- In liaison with other support staff, ensure that suitable food, fluid and any other essential resources such as ice and cooling equipment, are available to athletes
- In situations where an athlete is experiencing pain or injury, to assess the risk of competing and to advise next steps regarding any necessary action of the medical deselection protocol
- Complete 'Clean Sport' training and, in liaison with the management team, to accompany any selected athlete through doping control procedures
- Adhere to World Athletics regulations
- If required, provide diagnostic and prognostic information to the athlete, coach and, where applicable, parents whilst bearing in mind the need for patient (athlete) confidentiality
- Liaise with other medical personnel, support science staff and coaches as required to ensure the highest standard of care and education regarding the athlete's injury, rehabilitation and return to sport – whilst bearing in mind athlete confidentiality
- Liaise with coaches on issues pertaining to the prevention of injury
- Athlete education - deliver take home prevention interventions to athletes
- Network with other medical professionals from other countries to benefit from shared knowledge and practice

After Camp or Competition:



- Provide and store reports securely regarding Performance Therapy interventions at training and competitive events.
- Communicate with home physiotherapist to hand over relevant notes

ADDITIONAL RESPONSIBILITIES

- Uphold the Danish Athletics values whilst in the role.
- Present a positive and professional image of Danish Athletics to team staff, event staff and volunteers.
- Support the work/contribution of Team Denmark, DIF and Danish Athletics sponsors and wear Danish Athletics team kit as appropriate.
- Maintain an unwavering commitment to Danish Athletics policies on health and safety, welfare and Clean Athletics (copies of all policies will be provided).

WORKING RELATIONSHIPS

- Danish Athletics Performance Pathway staff
- Danish Athletics Support Staff

KNOWLEDGE, SKILLS & EXPERIENCE

- Previous experience of delivery of musculoskeletal physiotherapy or sports therapy in the high performance/major championship environment
- Knowledge and understanding of athlete musculoskeletal development
- Willingness to work long days including early mornings and late evenings
- High energy
- Excellent communication skills
- Ability to work as part of a team of staff

REQUIREMENTS

- Current physiotherapy or sports therapy degree/equivalent qualification
- Relevant professional body accreditation and insurance as a registered practitioner
- First Aid qualification
- I Run Clean – Medical certification, which can be accessed here:
<https://europeanathletics.elearning.worldathletics.org/access/login>
- Safeguarding certification, which can be accessed here:
<https://europeanathletics.elearning.worldathletics.org/access/login>
- Comply to staff Code of Conduct on Danish Athletics website <https://dansk-atletik.dk/atleter/elite-og-talent/code-of-conduct/>

BENEFITS

- DKK 1850 per day of camp/competition; DKK 1000 per day of travel
- Return international travel from Denmark to the competition venue.
- Reimbursement of domestic travel expenses.



- Full board accommodation.
- Full Denmark Team Kit allocation.

NB. This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity you will be required to work and with consultation can be amended in the light of the changing needs of the team