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Selection Policy and Consideration Standards  
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## **INTRODUCTION**

1. This selection policy has been agreed by the Management of Danish Athletics. It includes European Athletics Standards. This policy provides detail on the process by which Danish Athletics will arrive at athlete selection.

### **DANISH ATHLETICS SELECTION POLICY AIM**

2. Danish Athletics will nominate a team with the intention of achieving Team Denmark targets of winning one medal and 3 X top 8 places and most team members finishing in the top 24 at the 2026 European Athletics Championships in Birmingham. In addition, this policy also recognises the valuable experience that may be gained by development athletes who are on a trajectory towards achieving a top 8 in 2028 or 2030. Development athletes are defined in section 15.

### **SELECTION PANEL**

3. Selections will be made by the Danish Athletics selection panel comprising:
  - Danish Athletics Sportschef (voting)
  - Danish Athletics Event Group Leads for
    - Sprints, hurdles and relays (voting)
    - Endurance (voting)
    - Throws (voting)
    - Jumps (voting)
    - Combined Events (voting)

The Chair of the Panel may also (at his/her discretion) seek assistance (in a non-voting capacity) from anyone else he/she feels may be of help.

4. The selection of athletes shall be conducted by the Selection Panel in accordance with the selection process outlined in Part 1 of this policy, and with reference to the Danish Athletics Consideration Standards (set out in Part 2) and the Danish Athletics Conditions (set out in Part 3).
5. Danish Athletics may amend this selection policy and shall publicise any change made to it at the earliest opportunity.

### **ATHLETE ELIGIBILITY**

6. The eligibility criteria must be met by all selected athletes (see Appendix 1).

7. In addition, to be considered for selection athletes must
- 7.1. agree to and comply with a pre-championship preparation policy, which will be published nearer the time and determined by the Sportschef/Team Leader at their absolute discretion;

## COMPETITION FORMAT

8. The Athletics competition comprises the events listed below:

<b>100m</b>
<b>200m</b>
<b>400m</b>
<b>800m</b>
<b>1500m</b>
<b>5000m</b>
<b>10000m</b>
<b>Marathon</b>
<b>Half Marathon Race Walk</b>
<b>Marathon Race Walk</b>
<b>3000m Steeplechase</b>
<b>110m/100m Hurdles</b>
<b>400m Hurdles</b>
<b>High Jump</b>
<b>Pole Vault</b>
<b>Long Jump</b>
<b>Triple Jump</b>
<b>Shot</b>
<b>Discus</b>
<b>Hammer</b>
<b>Javelin</b>
<b>Decathlon / Heptathlon</b>
<b>4 x 100m Relay</b>
<b>4 x 100m Mixed Relay</b>
<b>4 x 400m Relay</b>
<b>4 X 400m Mixed Relay</b>

8.1. The maximum number of athletes selected by any country for each individual event will be three for each gender (We will not take part in the 2026 European Marathon Cup as athletes will be expected to focus on the World Road Running Championships to be held in Copenhagen in September)

8.2. The maximum number of relays selected by any country for each relay event will be one for each gender and mixed teams.

9. Performances must be achieved during competitions organised or authorised by WA, its Area Associations or its Member Federations. Domestic competition performances will only be recognised if they are achieved in a Danish Athletics Permit competition or higher
  - 9.1. Marathon and race-walking qualification performances must be achieved on World Athletics accredited courses (as listed on the World Athletics website).
  - 9.2. Performances in mixed events between male and female participants, held completely in a stadium, may be accepted under specific circumstances (see WA rule 147): <https://www.worldathletics.org/about-iaaf/documents/technical-information>
  - 9.3. Hand timed performances shall not be accepted in any event.
  - 9.4. Indoor performances for all field events and for races of 400m or longer shall be accepted.

## **PART 1: SELECTION PROCESS**

### **QUALIFICATION PERIOD**

10. Danish Athletics will consider athletes for selection based on performances achieved in the Qualification Period, which commenced on 1 January 2025 for 10,000m, Marathon, Race Walks, Combined Events and Relays and on 27<sup>th</sup> July 2025 for all other events. The Qualification Period expires at midnight on 26<sup>th</sup> July 2026.

### **SELECTION MEETING**

11. The selection of athletes for final entries into the Event Entry System will be decided by the Selection Panel before 1400hrs on 27<sup>th</sup> July for relays and before 1400hrs on 29<sup>th</sup> July 2026 for all other events. The qualified athletes for team places will be informed and registered immediately after the selection meeting and before the European Athletics deadline of 1400hrs on 29<sup>th</sup> July 2026. At this point, we may include athletes who are 'next to qualify' and will do so if there is a chance that a space will become available and if:
  - 11.1. The athlete has achieved the Danish Athletics consideration standard; or
  - 11.2. The athlete is making their debut at the event; or
  - 11.3. The athlete is more than two years below the 'peak age' for the event (see Appendix 2);

The selection meeting will take place before 1200hrs on 28<sup>th</sup> July. Athletes who have not been informed by 1300hrs on 28<sup>th</sup> July should consider themselves not selected.

### **SELECTION CRITERIA**

12. Should more than three athletes (seven in the marathon) qualify in any one event the selection panel will use the criteria below.

13. The criteria below are not listed in any order of priority and those involved in selecting will exercise discretion fairly and without bias in making selection decisions.

13.1. EA Top List, using the athlete's single best performance during the qualification window, on the 28<sup>th</sup> July 2026. This ranking will be based on three athletes per nation.

13.2. Consistency of performances.

13.3. Current form. Performances achieved closer to the selection date are given increased priority

13.4. Performance history at major championships (Danish Athletics championship level and above)

13.5. Performance Trajectory – upward or stable

13.6. Head to head performances. Priority is given to head-to-head competitions that occur at major championships.

14. The Selection Panel will select athletes in four rounds as follows: Athletes nominated in a round will be placed on the selection list ahead of athletes selected in subsequent rounds. Athletes who are considered in a round but not nominated in that round, will still be eligible for nomination in later rounds, provided they meet the relevant criteria for that round.

### **Round 1: Nomination of Denmark's highest performing athletes**

14.1. In this round the Selection Panel will select the following:

14.1.1. Athletes who have:

- Achieved the automatic standard during the Qualification Period

Athletes will be selected in Round 1 as soon as they achieve the automatic standard. Athletes will be selected in rounds 2 – 4 on or before 29<sup>th</sup> July 2026.

### **Round 2: Nomination of athletes who have qualified through ranking**

14.2. In this round the Selection Panel will put forward athletes who, on the Road to Birmingham by 27<sup>th</sup> July, are within the target number.

### **Round 3: Development Athletes and athletes making their debut and are tracking towards top 8 in 2028 and 2030**

14.3. In this round the Selection Panel will put onto the 'next to qualify list'\* the following:

- 14.3.1. Athletes who have achieved the Danish Athletics consideration standard
- 14.3.2. Development\*\* athletes who have not previously represented Denmark at the European Athletics Championships in any Athletics event.

14.3.3. Athletes who are making their debut at the European Athletics Championships:

\* Athletes in this round will only be confirmed if others (all nations) ahead in the rankings turn down their place. We will have this information on 30<sup>th</sup> July.

\*\* A development athlete is defined in the table in the appendix. These development standards are based on being 2-4 years out from average event specific peak ages with a view to them being competitive in 2028 and gaining valuable experience to continue their trajectory towards achieving a top 8 in 2028 or 2030.

#### **Round 4: (Relays)**

14.4. The selection panel may add athletes to the team to create relay squads for the men's and women's 4x100m and 4x400m and the mixed 4 x 100m and 4 x 400m at this stage. Relay runners do not need to hold the individual qualification guideline standard. Teams will be selected based on top 8 potential as with individual selections.

#### **WITHDRAWALS**

15. Athletes who become unfit due to illness or injury at any time following their selection must notify Danish Athletics immediately and will be required to undertake a full medical examination by Team Denmark Medical Staff, which may result in the athlete being de-selected from the team at the complete discretion of the Sportschef.

15.1. Athletes may be subjected to training observation sessions and/or medical tests at any time following their nomination and/or selection. Any athlete judged to be unfit by Danish Athletics, following tests conducted by Danish Athletics, or their authorised representatives, may be de-selected from the team at the complete discretion of the Sportschef.

## PART 2: DANISH ATHLETICS CONSIDERATION STANDARDS

16. The Danish Athletics Consideration Standards for the 2026 European Athletics Championships in Birmingham are shown below.

16.1. Rationale for Consideration Standards

Standards have been calculated based on top 30 rankings at European level with maximum three athletes per nation.

16.2. Achieving a Consideration Standard in no way guarantees selection. Consideration Standards will be used to confirm semi final potential in athletes who have already had experience at this level of competition. They will be used to help decide nomination to the 'next to qualify' list.

Male			Female	
Consideration	Automatic	Event	Automatic	Consideration
10.22	10.15	100m	11.18	11.26
20.53	20.45	200m	22.85	22.95
45.43	45.25	400m	51.20	51.47
1:44.88	1:44.80	800m	1:59.80	2:00.18
3:33.50	3:33.42	1500m	4:03.50	4:05.58
13:20.79	13:08.00	5000m	15:05.00	15:23.01
28:30.91	27:50.00	10,000m	32:00.00	32:42.01
8:28.90	8:20.00	3000m SC	9:28.00	9:46.53
13.60	13.40	110m H/100m H	12.88	12.93
49.56	49.00	400m H	55.30	55.79
N/A	N/A	4 X 100m	N/A	N/A
N/A	N/A	4 X 400m	N/A	N/A
N/A	N/A	4 X 100m Mixed	N/A	N/A
N/A	N/A	4 X 400m Mixed	N/A	N/A
2:09:45	2:09.30	Marathon	2:27.00	2:30:13
		Half Marathon		
3:11.00	3:11.00	Marathon Race Walk	3:40.00	3:40.00

2.21	2.27	High Jump	1.94	1.90
5.65	5.82	Pole Vault	4.60	4.45
7.95	8.05	Long Jump	6.77	6.62
16.26	16.80	Triple Jump	14.20	13.92
19.73	20.80	Shot Put	18.20	17.10
62.80	65.50	Discus	61.00	58.39
74.87	77.00	Hammer	71.50	69.61
79.56	83.00	Javelin	60.80	58.58
7859	8300	Combined Events	6320	6060

## PART 3: DANISH ATHLETICS CONDITIONS

### DANISH CHAMPIONSHIPS

17. Any athlete wishing to be selected onto the Danish Athletics European Championships Team must compete at the 2026 Danish Athletics Senior Championships (Except for Marathon, Walks and 10,000m) Dispensation requests for not competing must be received by the Sportschef in writing no later than one week before the championships. Dispensation from not competing will be at the discretion of the selection panel and will only be granted in exceptional circumstances.

### ANTI-DOPING

18. Athletes \*\*\*suspended because of ongoing or concluded anti-doping violation allegations, will not be considered for selection, and if previously selected, will be deselected from the team.
19. All selected athletes must undertake anti-doping education provided by Team Denmark before the 01 July 2026. Athletes who fail to attend this compulsory anti-doping education (or refuse to follow up by way of webinar if out of the country for legitimate training or competition reasons) will be deselected.

\*\*\* This also applies to athletes suspended for any other reasons including safeguarding or match fixing.

### ATHLETE AGREEMENT

20. All nominated athletes and reserves must sign the Danish Athletics Athlete Agreement. In signing the agreement, athletes commit to attending mandatory team meetings, anti-doping education, and abiding by all policies related to the championships including those associated



with the use of social media and holding camp attendance. Athletes who do not agree to be bound by the terms of this agreement will not be selected.

## **AMMENDMENT**

- 21.** Danish Athletics reserves the right to amend this policy at its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at [www.dansk-atletik.dk](http://www.dansk-atletik.dk).

## APPENDIX 1

### GENERAL ELIGIBILITY CRITERIA

1. Be eligible to compete for Denmark and be the holder of a full and current Danish passport.
2. If competing in a Female athlete category event, possess a SRY Gene Test Certificate before 9 March 2025. This is in line with World Athletics eligibility rules (Technical Rule 3, Eligibility Rule 3.5).
3. If competing in an endurance event (800m – marathon), complete Team Denmark/DAF RED-S screening and comply with any follow-up action.
4. Comply with all World Athletics and competition rules relevant to the category and/or event they wish to compete in.
5. Is not serving a period of ineligibility from the sport (as determined by Danish Athletics) or from any other sport. For example, due to misconduct and/or disciplinary reasons.
6. Not under investigation or been charged by Danish Athletics or any other relevant organisation with misconduct or any disciplinary, safeguarding or criminal offence.
7. Completed all anti-doping requirements.
8. Not committed a criminal, disciplinary or safeguarding offence that in the reasonable opinion of the Board of Danish Athletics renders the athlete unsuitable for selection.
9. Has not, whether by an act or omission, brought Danish Athletics into disrepute.
10. Meet the standards and behaviour expected by Danish Athletics, as published in the Code of Conduct <https://dansk-atletik.dk/atleter/elite-og-talent/code-of-conduct/>
11. Be 18 years or older as of 31 December 2026 (i.e. born in 2008 or earlier) to be considered for selection

**APPENDIX 2**

<b>Event</b>	<b>Expected Age of Peak (Male)</b>	<b>Developmental athlete age (2 years or more from expected age at peak)</b>	<b>Developmental athlete DOB (Born no earlier than)</b>
<b>Sprints &amp; Jumps</b>	26	Under 24	2003
<b>Distance</b>	25	Under 23	2004
<b>Hurdles</b>	26	Under 24	2003
<b>Throws</b>	28	Under 26	2001
<b>CE</b>	26	Under 24	2003
<b>Marathon</b>	28	Under 26	2001

<b>Event</b>	<b>Expected Age of Peak (Female)</b>	<b>Developmental athlete age (2 years or more from expected age at peak)</b>	<b>Developmental athlete DOB (Born no earlier than)</b>
<b>Sprints &amp; Jumps</b>	26	Under 24	2003
<b>Distance</b>	27	Under 25	2002
<b>Hurdles</b>	27	Under 25	2002
<b>Throws</b>	27	Under 25	2002
<b>CE</b>	27	Under 25	2002
<b>Marathon</b>	29	Under 27	2000

*References:*

Haugen, T. A., Solberg, P. A., Foster, C., Morán-Navarro, R., Breitschädel, F., & Hopkins, W. G. (2018). Peak Age and Performance Progression in World-Class Track-and-Field Athletes. *International Journal of Sports Physiology and Performance*, 13, 1122 - 1129.